Analytical Methods for Measuring QACs in Biomonitoring Studies

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Quaternary Ammonium Compounds

 $\text{CIO}_{N} \text{CY}_{n}$

Benzalkonium chloride (BACs)

Disinfectants, pesticides, preservatives

Regularly used in a variety settings ^{1,2}

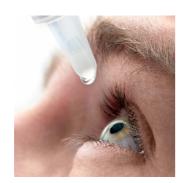
Cleaning products, eye drops, utensils, laundry detergent, milking equipment ^{1,2}

Dermal (eye), ingestion, inhalation exposure routes

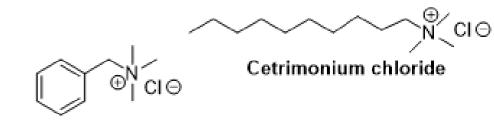




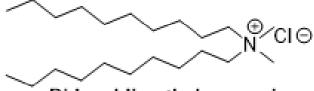








Benzotrimethylammonium chloride



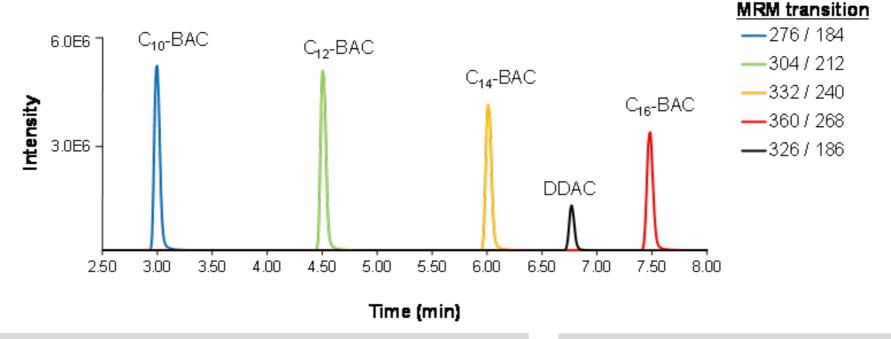
Didecyldimethylammonium chloride

(DDAC)

No Public Data On QAC Exposure Levels In Humans!

- 1) Hrubec, T., et al (2017) Birth Defects Research
- US EPA (2006) RED for ADBAC, EPA739-R-06-009

Quantitation of QACs by Liquid Chromatography- Tandem Mass Spectrometry

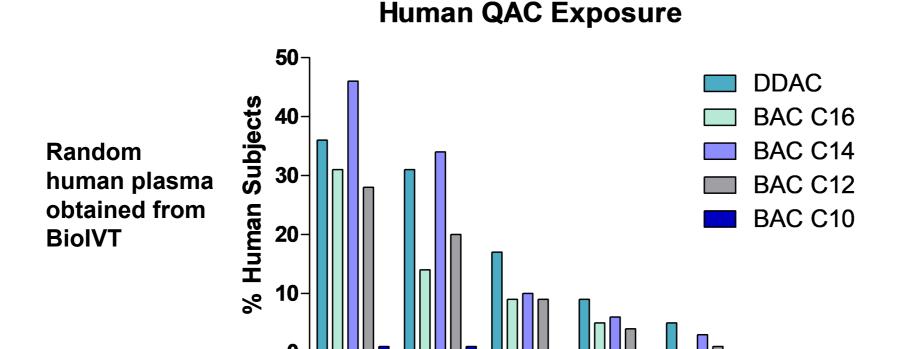


LC Conditions:

Mobile phase: gradient of Solvent A (water, 0.1% formic acid, 2 mM ammonium formate) and Solvent B (acetonitrile) UPLC column: Thermo Hypersil GOLD C_{18} (100 x 2.1 mm, 1.9 μ m)

Run time: < 8 min

Exposure Levels in 100 Random Human Plasma Samples



>0.01

>0.1

Concentration (µM)

>1

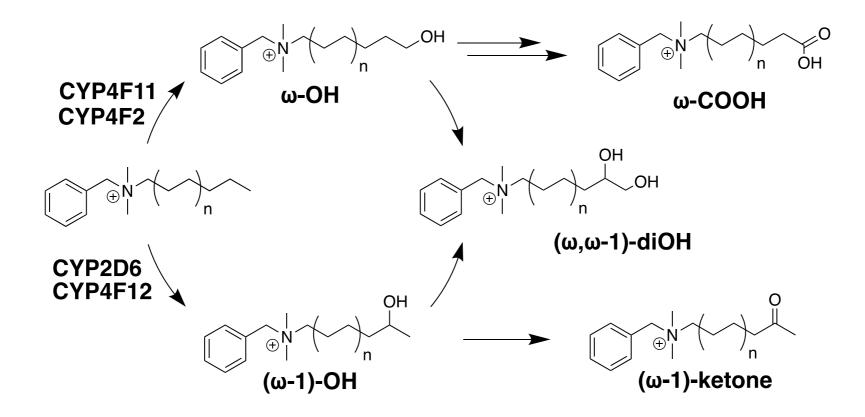
>10

>0

QACs Are Metabolized by Human Cytochrome P450s

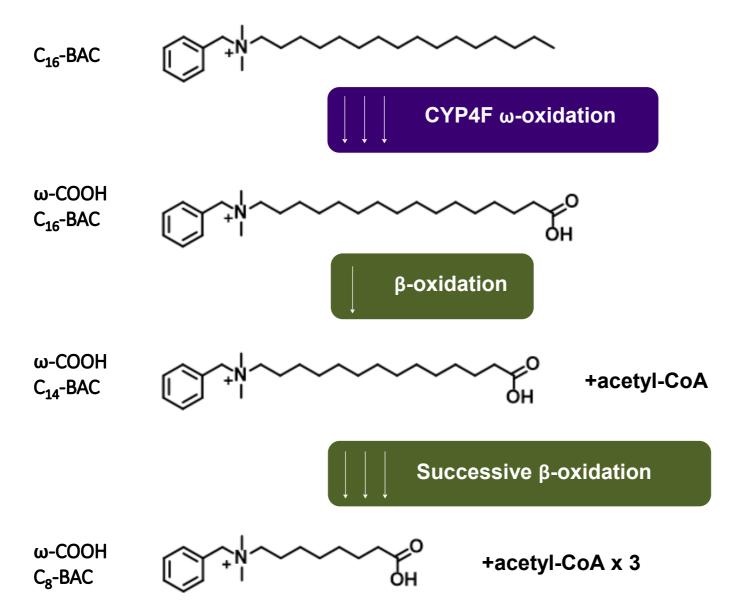
Using benzalkonium chlorides (BACs) as examples

Primary Products Undergo Further Metabolism



Further metabolism by mitochondrial β-oxidation

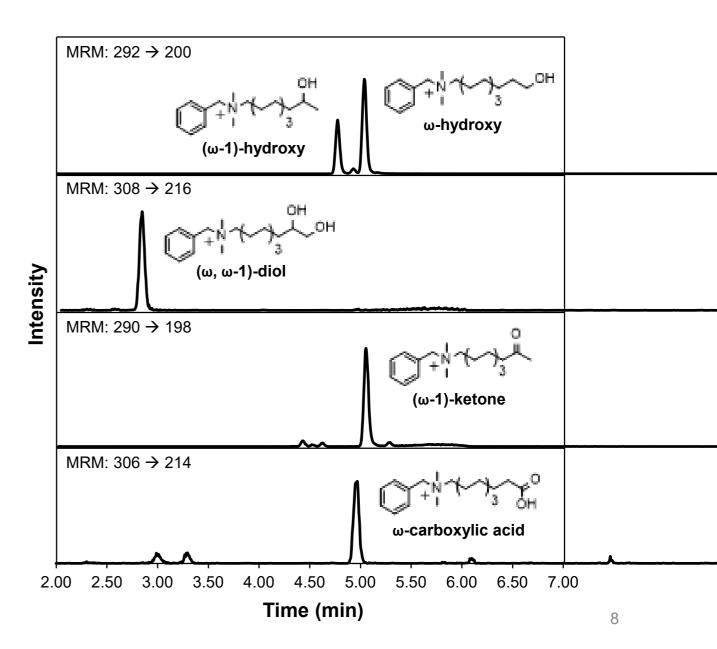
(primary human hepatocytes)



Ryan Seguin

Metabolites Can Be Quantified by LC-MS/MS

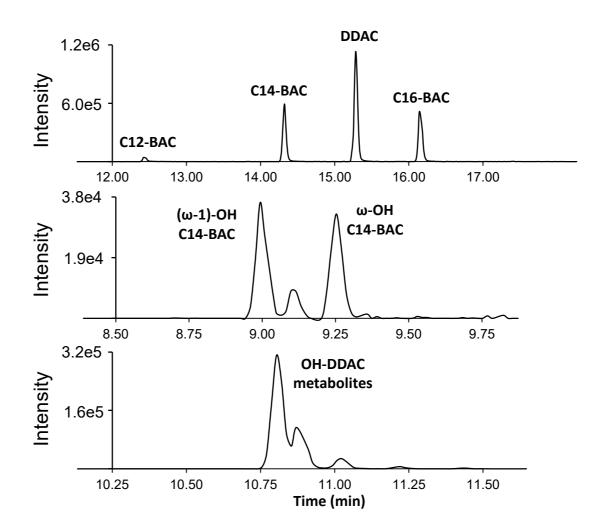
Metabolites of C₁₀-BAC



Seguin, R. P., et al. (2019) *Chem. Res. Toxicol.*, 32(12), 2466–2478.

QACs and Their Metabolites Detected in Kidney Tissue from Mice Exposed to QACs Via Diet

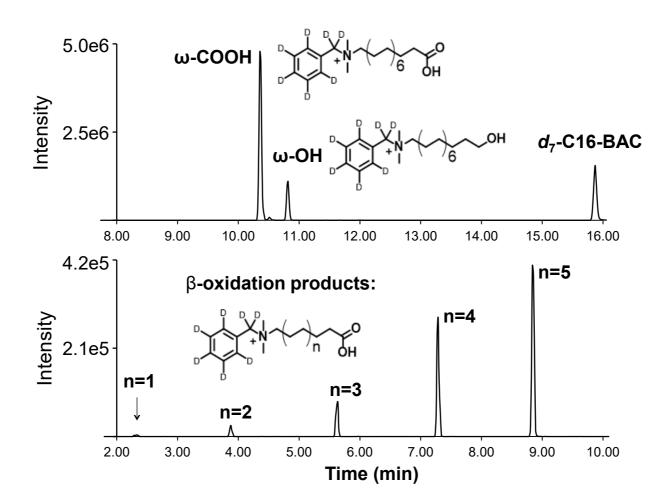
120 µg/g/day QAC (40%BAC and 60%DDAC) for two weeks following Melin et al. *Reprod. Toxicol*. 2014.



Seguin, R. P., et al. (2019) *Chem. Res. Toxicol.*, 32(12), 2466–2478.

Metabolites of d₇-C16-BAC in Mouse Feces

120 μ g/g/day d₇-C16-BAC for one week



Ryan Seguin

Summary of Limits of Detection

Analyte	C10-BAC	C12-BAC	C14-BAC	C16-BAC	DDAC	Carboxylic acid-BACs
LOD (nM)	0.045	0.32	0.18	0.26	0.19	0.1
LOD (ng/L)	12	97	60	94	62	20-30

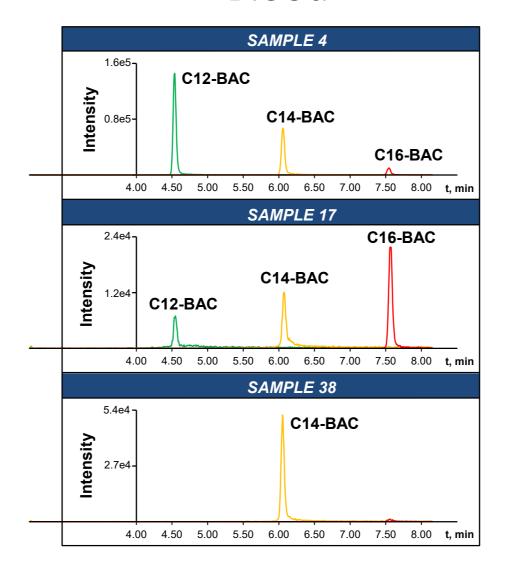
Ryan Seguin

Analysis of QACs and Metabolites in Human Samples

Human Blood Samples

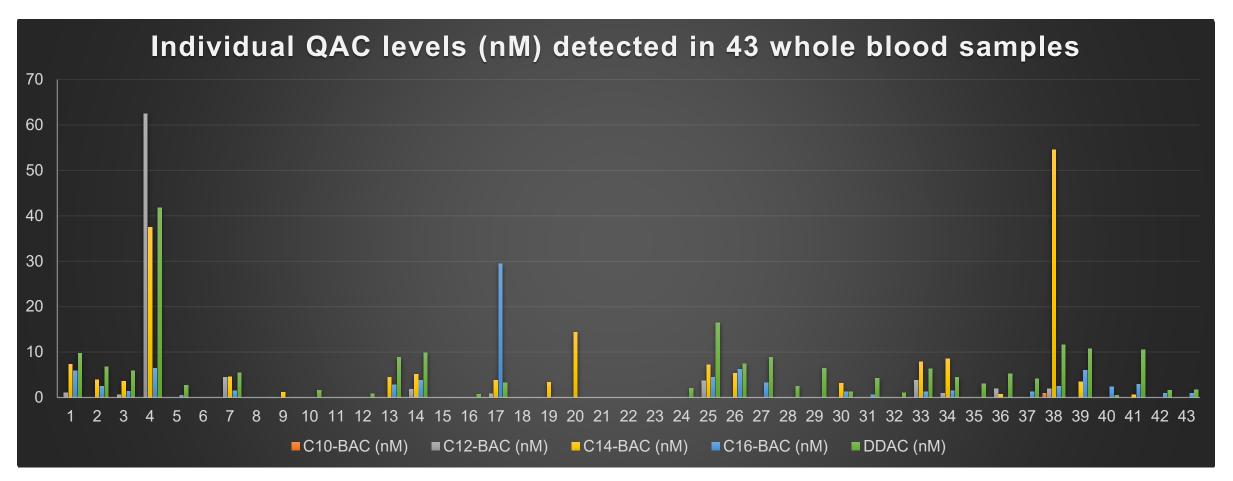
- Collaboration with Terry Hrubec, Virginia Tech
- Blood samples collected from participants recruited from Blacksburg, VA
- 18 years or older
- 43 samples collected
- Sample processing:
 - Spike in d₇-BAC internal standards →
 - Folch extraction (chloroform:methanol = 2:1) →
 - Reconstitute in LC solvent →
 - LC-MS/MS analysis

LC-MS/MS Chromatograms of QACs Observed in Human Blood



C12-BAC (MRM: 304 → 212) C14-BAC (MRM: 332 → 240) C16-BAC (MRM: 360 → 268)

Distribution of QAC Levels in Human Blood Samples



Human Urine Sample

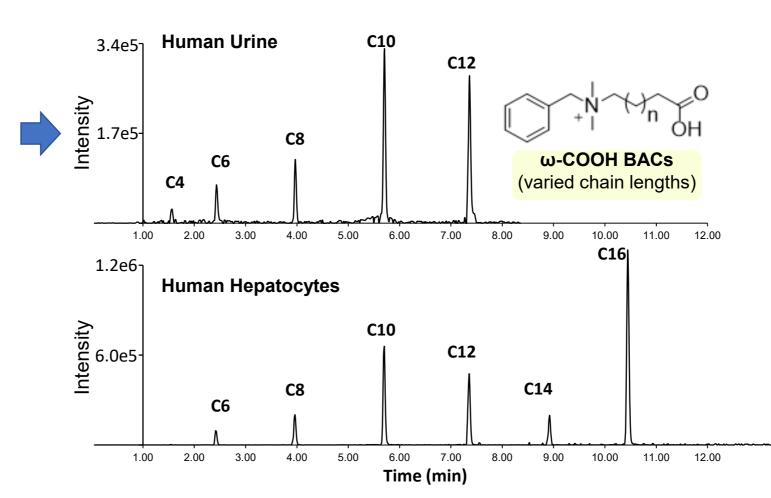
From Biomonitoring California Inter-program Pilot Project

Urine Sample Processing



BAC Carboxylic Acid Metabolites Observed in Human Urine

A human urine sample collected by Biomonitoring California

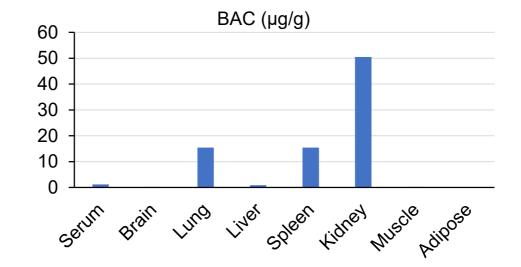


Ranging from 1-16 nM for individual metabolites and a sum of 45 nM.

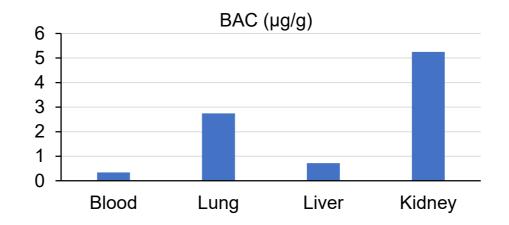
QAC Distribution Data from the Literature

QAC Distribution in Rats After IV or Oral Intake

- 7 μg/g IV injection
- Rats sacrificed at 30 min



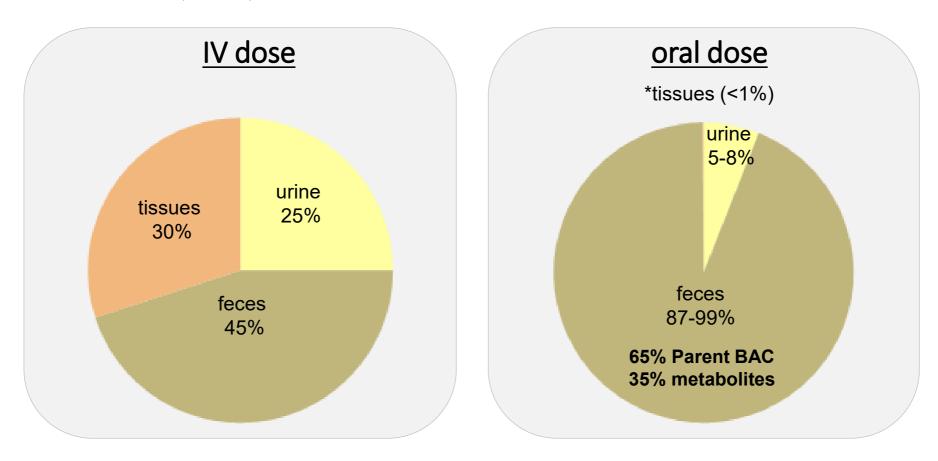
- 150 μg/g oral intake
- Rats sacrificed at 24 hr



Xue, Y., et al. *Legal Med* (2002) 4, 232. Xue, Y., et al., *J. Chromatogr. B* (2004) 811, 53.

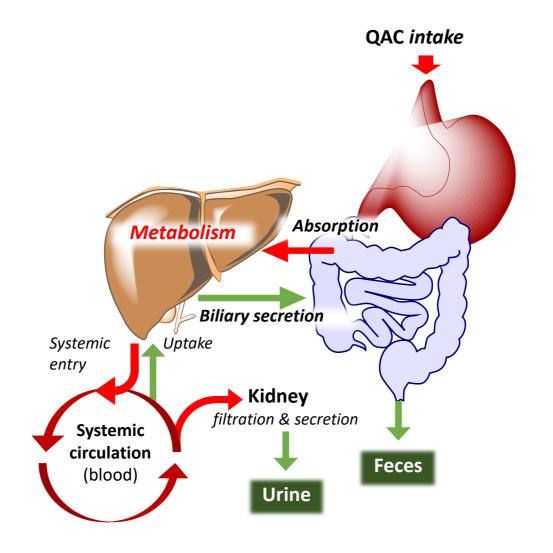
¹⁴C-BAC Recovery After Dosing Rats

- Single IV or oral dose (10 mg/kg) of radiolabeled BAC
- Feces, urine, and tissues were collected



FDA document: FDA-2016-N-0124-0001 (https://www.regulations.gov/docket/FDA-2016-N-0124) Luz, A., et al., *Regul Toxicol Pharm* 116, 104717 (2020).

Summary of Routes of QAC Distribution



Summary

- QACs can be metabolized by human cytochromes P450.
- QACs and metabolites can be quantified by LC-MS/MS in various biological samples after QAC exposure.
- QACs are observed in human blood and urine samples.
- Fecal, urine, and/or blood samples should serve as good biomonitoring samples.

Acknowledgements





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