Input on Selecting Chemicals to Biomonitor

Amy Dunn, OEHHA
California Environmental
Contaminant Biomonitoring
Program



Overview

- Public input
- State public health and environmental programs input

For each of these:

- Process used to solicit input
- Results
 - Participation
 - Preferences of criteria presented
 - Other suggestions of approaches



- Developed possible criteria
- Discussed criteria at public workshops and teleconferences, presented in the survey
- Asked participants and survey respondents to consider their preferences
- Solicited suggestions of other issues to consider in selecting priority chemicals



Possible new criteria

- 1. Widely used throughout California
- Help government decide how well environmental laws are working
- New emerging chemicals or chemicals now becoming widely used
- 4. Exposure in the workplace



Possible new criteria

- 5. Studied nationally
- 6. Not studied nationally
- 7. State-specific activities or regulations that may lead to higher exposures in California
 - such as farming, oil refining, stricter
 flammability standards



Possible new criteria

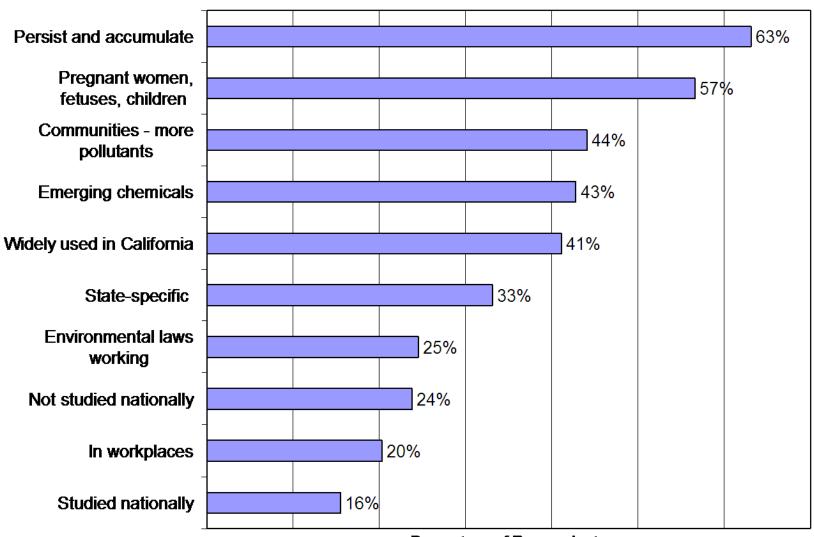
- 8. Pregnant women, fetuses and children are likely to be especially sensitive
- Persist in the environment and can accumulate in people's bodies
- 10. Chemicals that are found in communities where people may come into contact with more pollutants than the general population

Results – Participation Levels

- Workshops and teleconferences
 - 37 comments on criteria
- Survey
 - 290 respondents chose their top four from among possible criteria
 - 148 respondents made suggestions on criteria
- Email submissions 4 individuals or organizations made comments on criteria



Public Survey: Top Four Choices of Criteria





Criteria selected most often

- Measuring chemicals that persist in the environment and can accumulate – 63%
 - Workshop and teleconference participants expressed interest in banned chemicals.
- Measuring chemicals to which pregnant women, fetuses and young children are likely to be especially sensitive – 57%
 - Mentioned most often by participants in workshops and teleconferences. Similar issue raised by one email submission.



Other criteria frequently chosen as among top four by survey respondents

- Chemicals that are found in communities where people may come into contact with more pollutants than the general population – 44%
- Measuring new or emerging chemicals that are now becoming widely used – 43%
- Measuring chemicals that are widespread in California – 41%

Additional Suggestions on Criteria

- Results grouped to ease understanding of areas of interest
 - Toxicity
 - Exposure
 - Laboratory
 - Other



Toxicity-related Criteria

- Severity of the effect
- Type of harm caused by the chemical
- Potential for cumulative effects of chemicals
- Toxicity and exposure considered together in some form of hazard evaluation



Exposure-related Criteria (1)

- Extent of exposure
- Persistence
- Specific locations or sources of exposure



Exposure-related Criteria (2)

Populations at risk

- Those with a chronic illness or condition
- Due to intrinsic characteristics, such as age or genetic factors (e.g., race)
- Due to location or particular exposures faced, such as communities exposed to high levels of toxic chemicals, or exposed workers



Laboratory-related Criteria

- Type of biomarkers available, such as biomarkers of effect
- Type of biomatrix sampled, such as blood, urine, cord blood, etc.
- Method availability, accuracy and sensitivity
- Cost



Other Criteria

- Results allow for intervention or to assess effectiveness
- Emerging chemicals
- Measured by national program (CDC list)
- Chemicals that have safe alternatives
- Risk communication issues
- Other issues economics, level of public concern, delisting

.

Highlights from Public Input

- Persistent chemicals, emerging chemicals and specific sources of exposure
 - Drinking water, indoor air, consumer products
- Populations at risk
 - Children, pregnant women and fetuses
 - Communities with heavy exposure burdens
- Particular endpoints and higher risk exposures
 - E.g., endocrine disruptors, carcinogens, reproductive toxins
 - Widespread or higher level exposures to potent toxins

Input From State Public Health and Environmental Programs

- State agencies were contacted and asked to provide input to a set of questions
 - Set of agencies described in earlier session
- Possible criteria for selecting chemicals to biomonitor were presented
 - Same as set presented to public
- Asked to choose their top four criteria



Results – Participation Level

- Multiple programs from different boards and departments participated
 - Approximately 35 responses; some based on group discussions
- Primarily telephone interviews, some with multiple staff present
- Some written responses



Criteria selected most often by State staff

Top choice:

 Chemicals that affect pregnant women, fetuses and young children

Other strong interests:

- Chemicals widely used in California
- New or emerging chemicals
- Chemicals that persist and bioaccumulate

Additional Suggestions on Criteria from State Staff – Toxicity-related

- Select based on biological effect. For example, chemicals that:
 - Are endocrine disruptors
 - Disrupt signaling pathways important during development
 - Trigger auto-immune responses
 - Affect thyroid hormone
- Select chemicals for which there is a marker of effect, e.g., perchlorate & thyroid disruption



Additional Suggestions on Criteria from State Staff – Exposure-related

- Need for community studies and attention to environmental justice were highlighted
- Chemicals important in all relevant media (e.g., ambient air, indoor air, water, food)
- Question of whether to include persistent chemicals banned in U.S. for decades

Additional Suggestions on Criteria from State Staff – Lab-related

- Important to conduct preliminary studies, broad investigative screening.
 - What are the peaks in a sample?
- Some chemicals are sentinels for other groups of chemicals. Choose representative chemicals.
- Follow-up tests for individuals with high levels of certain metals to do speciation, rather than doing for all (e.g., methyl mercury)

Additional Suggestions on Criteria from State Staff – Other

- Assessing regulatory importance valued, but seen as difficult, with repetition necessary
- Identify chemicals where there can be a public health intervention
 - □ Do we know what to do with biomonitoring data? Do we have the resources to take action?
- Look at what EU is biomonitoring
- The program needs to be visionary anticipate future emerging concerns

100

Highlights from State Staff Input

- Top choices of criteria are exposure-related:
 - Pregnant women, fetuses and young children
 - Widespread exposure; persistent chemicals; emerging chemicals
 - Community-based studies
- Toxicity-related: Think about endpoints and mechanisms
- Laboratory-related:
 Look for peaks, choose sentinel chemicals
- Other criteria: Focus on chemicals for which intervention is possible